



Egg and Capsicum Salad

Ingredients

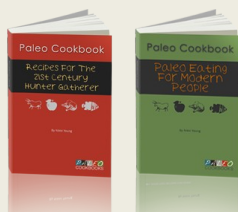
2 boiled eggs, diced
2 bacon eyes, diced
1tbs oil
½ green capsicum, diced
¼ cup parsley, chopped
1tbs mayonnaise
1 cup mixed salad leaves

Instructions

Place oil and bacon in a frying pan on medium heat and cook until bacon has started to crisp.

Remove excess oil and place bacon into a mixing bowl along with boiled eggs, capsicum, parsley and mayonnaise. Combine well.

To serve, place salad leaves on a plate and top with egg and capsicum mixture.



The Paleo Cookbooks provide you with a range of dishes for every occasion - from light no-fuss meals through to dinner parties, family celebrations and summer salads. Simple and Easy to Create Recipes with clear step by step instructions you will be able to produce paleo friendly meals that get rave reviews from friends and family every- time! www.paleocookbooks.com